

Position	Name	Club	Time	Number	M/F	Vet	Inter
51	Rick Bowker	Southport	58.38	155	M		
52	Dominc Raby	Chorley Harriers	58.55	186	M		
53	Alan Meaton	Bowland	59.14	144	M	40	
54	John Rodgers	Bowland	59.31	177	M	40	
55	B. Miller	Harrogate	59.4	20	M	40	
56	Barry Thompson	Halesowen	59.42	190	M	40	
57	John Oldroyd	L & M	59.55	64	M	60	
58	Phil Juneau		60	138	M		
59	M. Gibson	Holmfirth	60.03	22	M		
60	Julian Rayner	Kendal AC	60.08	189	M	40	
61	M. McKenna	Dallam	60.1	15	M	50	
62	Simon Oxley	Settle	60.12	194	M	40	
63	Howard Smith	Achille Ratti	60.19	166	M		
64	Stuart Bamba	Preston Harriers	60.26	48	M		
65	Gordon Thompson	Preston Harriers	60.26	37	M		
66	A. Cutls	Langwood	60.4	13	M		
67	Steve Forster	Preston Harries	60.43	51	M		
68	Ian Elsmore	Ashby	60.45	17	M		
69	Phil Griffiths	Garstang	60.48	116	M		
70	Dave Shinn	Kendal AC	61.03	98	M	40	
71	A. McCluskey	CFR	61.04	25	M		
72	Greg Houghton	Calder Valley	61.11	135	M	50	
73	Pete Haines	FRA	61.14	130	M	40	
74	Phil Corris	Bowland	61.17	82	M	40	
75	A. Hallahan	Horwich	61.18	149	M		Y
76	Philipa Walsh	Preston Harriers	61.19	56	F		
77	John Griffiths	Preston Harriers	61.2	77	M		
78	Kate Beaty	CFR	61.38	42	F	40	
79	Phil Walsh	Preston Harriers	61.41	55	M	40	
80	Ralph Warman	Skyval	61.49	191	M	40	
81	Andy Gillam	Garstang	62.02	121	M	40	
82	Ian Smith	Horwich	62.07	19	M	40	
83	Len Ianson	Borrowdale	62.13	54	M	40	
84	D. Woodbridge	Kendal AC	62.14	11	M	40	
85	A. McDonald	Telford	62.16	8	M	40	
86	Les Stephenson	Kendal	62.22	97	M	50	
87	A. Stafford	Kendal AC	62.36	26	M	50	
88	Graeme Atkinson	Kendal AC	62.42	104	M		
89	Mathew Todhunter	CFR	62.44	83	M		
90	John Ely	CFR	62.53	61	M	50	
91	Chris Royal	Halesowen	62.53	198	M		Y
92	A. Brear	Skyrac	62.56	139	M		
93	S. Dugdale	Skipton	62.58	6	M		Y
94	W. Hallahan	Horwich	63.15	198	M	40	
95	Pete Davison	Kendal AC	63.17	124	M		
96	Nigel Garnett	Kendal AC	63.2	131	M	40	
97	Jean Shotter	Pudsey & Bromley	63.21	95	F		
98	John Carberry	Preston Harriers	63.22	106	M	40	
99	Pete Armitage	Fire Service S&AA	63.25	162	M	40	
100	Craig Foster	Rosendale	63.37	201	M		

Position	Name	Club	Time	Number	M/F	Vet	Inter
101	George James	Blackpool & Fylde	63.43	168	M	50	
102	Helen Parsons	Kendal AC	63.59	156	F		
103	Robert Dawson	Kendal AC	64	160	M		
104	Patrick Brown		64.39	153	M		
105	Dave Aspden	Dallam	64.39	145	M		
106	P. Lambillion-Jam	St Edmunds	64.4	18	M		
107	David Downes	LCOC	64.44	183	M	40	
108	Caroline Holden	Kendal AC	64.52	152	F		
109	Mark Neary	Radcliffe AC	65.17	89	M		
110	Stephen Ralston	L&M	65.32	181	M		
111	Paul McGovern		65.36	180	M	40	
112	Peter Norris	Dallam	65.39	146	M	50	
113	Onind Skare		65.44	158	M		
114	John Agg	Radcliffe AC	65.46	88	M	40	
115	Sally Rouse	Quakers	65.48	76	F		
116	Richard Simpson	Dallam	65.51	73	M	40	
117	David Parminter	Black Combe	65.55	99	M	40	
118	Aruther Warren	Radcliffe AC	66.01	91	M	40	
119	Dave Gibson	Wiggington	66.07	117	M	40	
120	Duncan Hurlley	Dallam	66.15	171	M	40	
121	Geoff Watson	Durham City	66.25	75	M		
122	D. Shorrocks		66.26	27	M	50	
123	Doug Brown	Clauston	66.32	50	M	60	
124	A. Armstrong		66.51	69	M		
125	S. Bland		67.01	163	M		
126	Mark Waller		67.08	151	M		
127	T. Lambillion-Jame	St. Edmunds	67.2	23	M		
128	Doug Monroe	Clayton le Moors	67.22	111	M	50	
129	Maurice Houghton	Chorley	67.32	126	M	60	
130	Vinny Brodrick	Clayton le Moors	67.5	110	M	40	
131	L. Robertson	Denby Dale	67.53	1	F	45	
132	Christine Handfort	Kendal AC	67.56	107	F		
133	Terry Gotts	Rosendale	67.57	128	M		
134	Dianne Priestley	Kendal AC	68.13	174	F	45	
135	Dave Hugill	Achille Ratti	68.32	81	M	50	
136	Brian Evans	Ebyri Harriers	68.34	49	M	60	
137	Jan McKenzie	Kendal AC	68.39	68	F		
138	Michael Frost	Clayton le Moors	68.4	199	M	40	
139	Brian Kennedy		68.42	133	M		
140	Ben Higginson	Preston Harriers	68.49	137	M		
141	Alan Westworth	Kendal AC	69.01	173	M	40	
142	Graham Jameson	L & M	69.12	159	M	50	
143	Graham Eccels		69.28	167	M	40	
144	Paul Hannah	Rosendale	69.32	125	M		
145	Jo Taylor	L&M	69.35	46	F		
146	Peter Carter	Preston Harriers	70.11	44	M		
147	J. Smith	Lostock	70.14	28	M	50	
148	Graham Hitch		70.2	165	M	50	
149	Bill Smith	Clayton le Moors	70.29	96	M	60	
150	Marrion Smith	Kendal AC	70.36	109	F	45	



Position	Name	Club	Time	Number	M/F	Vet	Inter
151	Neil Croasday		70.37	200	M	50	
152	Bernadette Dickins	Wesham	70.46	101	F		
153	Lisa Unsworth	Chorley	70.54	90	F		
154	Paul Turner	St Bedes	70.55	179	M	50	
155	M. Horne	L&M	70.57	10	M	40	
156	Wulf Ian Friedrich		71.07	87	M		
157	Neil Gammack		71.33	114	M		
158	L. Lyness		72.19	24	F	50	
159	R. Crawsitan	L&M	72.21	161	M	50	
160	Frank Makin	L&M	72.23	57	M	60	
161	Adrin Low	Halesowen	72.51	196	M		
162	Neil Morris	Blackpool & Fylde	73.03	47	M	40	
163	M. Ferguson	Rosendale	73.06	31	M	40	
164	Allan Jones	Lostock AC	73.13	70	M	50	
165	David Briggs		73.43	86	M	50	
166	Peter Edge	L&M	73.48	164	M	50	
167	Tom Targett	Clayton le Moors	73.5	170	M	55	
168	B. Pycroft	FRA	73.54	21	M	60	
169	Peter Kelly		74.09	172	M	40	
170	Brian Dearnley	Preston Harriers	74.4	43	M	50	
171	Denis Wood		74.48	58	M	50	
172	A. Biddle	West Pennines	74.54	7	M	40	
173	Sara Dyer	Valley Striders	74.59	123	F	40	
174	K.P. Vickers		75.07	132	M	40	
175	Yvonne Wyke	Newburgh	75.1	92	F		
176	Helen Whitehead	Kendal AC	75.5	41	F		
177	Dave Whitehead	Kendal AC	75.5	40	M		
178	Sue Richardson	Kendal AC	75.53	66	F	45	
179	David Gibbons	Lostock AC	76.02	36	M	40	
180	Kate Dillon		76.04	184	F		
181	Ian Rawcliffe	Wesham	76.06	100	M	50	
182	Yvonne Procter	Kendal AC	76.21	67	F	40	
183	Janet Chaplin	Chorley	76.23	78	F		
184	G. Amore	Clayton le Moors	76.52	84	M	40	
185	D. Brown	Clayton le Moors	78.58	175	M	50	
186	Carol Lyon	Newburgh	78.58	93	F		
187	Harry Blenkinsop	Keswick	79.53	119	M	50	
188	Mark Smith	Lostock AC	79.55	71	M		
189	Susan Simpson	Dallam	80.15	74	F	40	
190	Harry Thompson	Clayton le Moors	81.11	85	M	60	
191	Jon Singleton	Southport	84.28	157	M	40	
192	John Francis	Clayton le Moors	84.47	103	M	50	
193	Rosie Gillam	Garstang	84.58	122	F		
194	Elizabeth Unsworth	Kendal AC	85.21	80	F	45	
195	Joanne Tomlin		87.32	52	F	45	
196	Geoff Milner	Rosendale	87.38	129	M		
197	Claire Gillham	Garstang	87.59	120	F	45	
198	Robert Hirst	Clayton le Moors	88.55	182	M	40	
199	Dawn Lock	Lytham	90.11	143	F	55	
200	Collette Schofield	Rosendale	90.24	192	F	40	

Position	Name	Club	Time	Number	M/F	Vet	Inter
201	Malcolm Roberts	Bingley	90.36	105	M	60	
202	Anthony Ball	Clayton le Moors	90.43	79	M	60	